## LECTURE

About the two powers in heaven, God and Jesus (we believe).

Jesus has been on earth multiple times, as ‘The Angel’.

Genesis 18 for example.

The point of discipline is that we might find, recognize and understand ourselves.

The beginning is finding yourself in Christ.

Having union with Christ is a necessity.

What the heart wants, the will chooses and the mind justifies.

## LECTURE

SHEMA: Mark 12:28-31

What is the main goal of spiritual discipline?

To be conformed to the nature and image of Christ.

We are “image bearers”, we try to get away form bearing the image of Adam, and towards the image of Christ.

Anxiety is overcome by trust in Jesus.

Each discipline is an invitation to get to know God.

Prayer is Man’s yes to God’s yes.

SHEMA: Mark 12:28-31

# Lecture - Prayer

To pray with Jesus is to participate in his Sonship

We pray that God’s will would be done

To clasp the hands in prayer is the beginning of an uprising in this world

Prayer moves us to confess our sins

Prayer should be filled with thanksgiving

We “cling” to God in thankfulness

Psalm 42 – He’s never quiet

Just because God is silent, doesn’t mean He doesn’t hear us!

God doesn’t cause the groanings, rather helps us through them!

Romans 8

# Lecture – Simplicity

Look into getting bible commentary as well as bible background

God at Work

NO journals but keep reading

# Roman times

We identify through Krystos(Christ)

This was often thought {Vocatio | To Call (Often interpreted as joining a priesthood; Church, monk, nun, etc.)}

Was often thought that if you were called by God you had to join a priesthood, if not then go about your regular/normal life.

When persecution slowed, “Christians” made up ways to “suffer” for God

God not only heals, but works through people to heal, not only give heavenly bread, but works through people to make bread, etc.!

Every job should be our vocation, to do it well and God honoring

Affirming the will of God

2 aspects of God’s will

4 checkpoints of affirming God’s will

1.

2. God Guides and directs us during circumstances

4. God Himself will discern his will for us as we diligently bring it.

When we self-justify we put ourselves in 4 boxes

* Better than
  + View of yourself
    - Superior | Important | Virtue
  + View of others
    - Inferior | Incapable | Irrelevant | Wrong
  + Your view of the world
    - Competitive | Troubled | Needs me
* I Deserve
  + View of yourself
    - Mistaken | Victim | Ungrateful
  + View of others
    - Mistaken | Victim | Ungrateful
  + Your view of the world
    - Unfair | Unjust
  + Your feelings
    - Entitled | Pride
* Need to be seen
  + View of yourself
    - Well thought of
  + View of others
    - Judgmental | Threatening | My audience
  + Your view of the world
    - Dangerous | Watching | Judging
  + Your feelings
    - Anxious | Afraid | Needy | Stressed | Overwhelmed
* Worse than
  + View of yourself
    - Not as good as | Broken | Deficient | Faded
  + View of others
    - Advantage | Privilege | Blessed
  + Your view of the world
    - Hard | Difficult | Against me | Ignoring me
  + Your feelings
    - Helplessness | Jealousy | Bitter | Depressed
  + “The world is better off without me”
* **Worry is a believers declaration to the world that God is a liar!**

**DFL**

Successfully going through DFL

Be prepared

1. REST!!!!
2. FOOD!!!
   1. NO FAST FOOD AT NIGHT
3. MOOD/ATTITUDE

Vocation = job

Working, family, citizen, church

Write 2-3 page paper about how your strengths will affect **ONE** of these vocations

**ALL STRENGTHS NEED TO BE TALKED ABOUT**

**You can find strengths in email sent to Natalie Gomez**

Exe

Name

Professor Moody

Essential 111

Date

Title